

## Adult History Questionnaire

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_

Referring Physician: \_\_\_\_\_

1. Have we seen you at this office before?  YES  NO

2. Describe problem or reason for this evaluation: \_\_\_\_\_

3. Do you feel you have a hearing loss?  YES  NO

If YES, please answer the questions below:

a. When did you first notice hearing problems? \_\_\_\_\_

b. Has the onset and progression of your hearing loss been:  Gradual  Sudden

c. Do you hear better in one ear than the other?  YES  NO

If YES, in which ear do you hear better?  Right  Left

d. Does your hearing seem to fluctuate?  YES  NO

e. Do you feel your hearing has changed?  YES  NO

If YES, was the change:  Gradual  Sudden  Fluctuates

f. Do you experience any dizziness or vertigo?  YES  NO

g. Do you experience any tinnitus (ringing in the ears)?  YES  NO

h. Can you hear but have problems understanding?  YES  NO

i. Any family members that had hearing loss before age 50?  YES  NO

Relationship: \_\_\_\_\_

4. History of medical conditions related to your hearing

Do you have any of the following symptoms:

a. Ear pain?  YES  NO  Right  Left

b. Do you experience pressure in your ears?  YES  NO  Right  Left

c. Perforation of the eardrum?  YES  NO  Right  Left

d. Soreness in the canal?  YES  NO  Right  Left

e. Laceration of the ear?  YES  NO  Right  Left

f. Trauma to the ear?  YES  NO  Right  Left

g. Have you had any recent ear infections or drainage?  YES  NO

h. If YES, please answer below:

i. Please indicate as a  Adult  Child  Both

Last infection date? \_\_\_\_\_

Name: \_\_\_\_\_

j. PE tubes?  YES  NO

When: \_\_\_\_\_ Surgeon: \_\_\_\_\_

k. Ear surgeries:  YES  NO

When: \_\_\_\_\_ Surgeon: \_\_\_\_\_

5. History of medical conditions (Check all that apply):

- Acoustical Trauma
- Cholesterol
- High Blood Pressure
- Allergies
- Diabetes
- Severe Blow to the Head
- Arthritis
- Sinus Problems
- Blurred Vision
- Headaches
- Stroke
- Cancer
- Heart/Cardiac Problems
- Disease Accompanied by High Fever

6. Do you have hearing difficulty with: (Check all that apply)

- One-to-One Conversations
- Small Group Conversations
- Concerts or Plays
- Women's Voices
- Large Group Conversations
- TV Volume
- Turned Up
- Children's Voices
- Group of People With Multiple Talkers
- Movies
- Telephone Conversations
- Presence of Background Noise
- Other \_\_\_\_\_

7. Have you previously seen an audiologist or had your hearing tested?  YES  NO

When? \_\_\_\_\_

Name of audiologist or organization: \_\_\_\_\_

**Please check "Yes," "Sometimes" or "No" for each of the following items. Do not skip a question if you avoid a situation because of a hearing problem. If you use a hearing aid, please answer the way you hear without the aid.**

	Questions	Yes	Sometimes	No
E1	Does a hearing problem cause you to feel embarrassed when you meet new people?			
E2	Does a hearing problem cause you to feel frustrated when talking to members of your family?			
S3	Do you have difficulty hearing when someone speaks in a whisper?			
E4	Do you feel handicapped by a hearing problem?			
S5	Does a hearing problem cause you difficulty when visiting friends, relatives or neighbors?			
S6	Does a hearing problem cause you to attend religious services less often than you would like?			
E7	Does a hearing problem cause you to have arguments with family members?			
S8	Does a hearing problem cause you difficulty when listening to the radio or television?			
E9	Do you feel that any hearing difficulty limits or hampers your personal or social life?			
S10	Does a hearing problem cause you difficulty when in a restaurant with relatives or friends?			

**Clinic use only**

Total Score: \_\_\_\_\_ / 40      Emotional Score: \_\_\_\_\_ / 20

Social Score: \_\_\_\_\_ / 20

Name: \_\_\_\_\_

8. Do you experience tinnitus (ringing, buzzing or roaring) in your ears?  YES  NO

If YES, please answer the questions below and **complete the tinnitus questionnaire.**

- a. Which ear(s) do you experience tinnitus?  Right  Left  Both
- b. Is it bothersome?  YES  NO
- c. Any sleep issues due to the tinnitus?  YES  NO
- d. How long have you experienced tinnitus? \_\_\_\_\_
- e. Do you notice tinnitus in quiet situations?  YES  NO
- f. Do you notice tinnitus in noisy situations?  YES  NO
- g. Is your tinnitus?  High Pitched  Low Pitched
- h. Is your tinnitus?  Single Noise  Multiple Sounds
- i. Is your tinnitus?  Pulsation  Rhythmic Quality
- j. Is your tinnitus?  Constant  Intermittent
- k. If intermittent, how often and how long does it last? \_\_\_\_\_

9. Have you ever experienced dizziness, unsteadiness, imbalance, equilibrium difficulties or vertigo?

YES  NO

If YES, please answer the questions below and **complete the dizziness questionnaire.**

- a. Do you experience balance difficulty?  YES  NO
- b. Do you experience lightheadedness?  YES  NO
- c. Do you experience spinning sensations?  YES  NO
- d. Do you feel dizzy today?  YES  NO
- e. Have you fallen in the past 12 months?  
How many times? \_\_\_\_\_
- f. Have you been injured?  YES  NO  
Describe: \_\_\_\_\_

10. Have you had any loud noise exposure either recently or in the past?  YES  NO

If YES, please answer the questions below:

- Farm Equipment  Power Tools  Music  Hunting/Shooting  Motorcycles/ATV  
 Jet Engines  Factory Noise  Military  Occupational  Other \_\_\_\_\_
- a. Number of years exposed to noise: \_\_\_\_\_
- b. Job Title/Description: \_\_\_\_\_
- c. Employer at the time of noise exposure:  Currently employed  Not currently employed  
Date of retirement or termination of employment: \_\_\_\_\_
- d. Hearing protection devices utilized?  YES  NO
- e. How often was hearing protection used? \_\_\_\_\_

11. Have you ever worn hearing aids?  YES  NO

If YES, please answer the questions below:

- a. Which ear was fit with hearing aids?  Right  Left  Both
- b. How long have you used hearing aids? \_\_\_\_\_
- c. Where did you purchase your current hearing aids? \_\_\_\_\_
- d. What would you like to improve with hearing aids? \_\_\_\_\_

Name: \_\_\_\_\_

12. Tobacco Use

a. Have you ever used tobacco products?  YES  NO

b. Do you currently use tobacco products?  YES  NO

If YES, please answer the questions below:

Cigarettes  Smokeless  Cigars  E-Cigs  Other \_\_\_\_\_

How often? \_\_\_\_\_

Do you currently use recreational drugs?  YES  NO

13. Social

Do you feel safe at home?  YES  NO

Has anyone limited your daily activities?  YES  NO

Has someone talked to you in a threatening way?  YES  NO

Has anyone tried to force you to give them money or sign strange papers ?  YES  NO

Has anyone touched you without your consent or hit you?  YES  NO

# Tinnitus Handicap Inventory *(Only complete if you have tinnitus or ringing in the ears.)*

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

The purpose of this questionnaire is to identify difficulties that you may be experiencing because of your tinnitus. Please answer every question. Please do not skip any questions.

- |   |                              |                                    |                             |
|---|------------------------------|------------------------------------|-----------------------------|
| 1. Because of your tinnitus, is it difficult for you to concentrate?  | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 2. Does the loudness of your tinnitus make it difficult for you to hear people?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 3. Does your tinnitus make you angry?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 4. Does your tinnitus make you feel confused?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 5. Because of your tinnitus, do you feel desperate?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 6. Do you complain a great deal about your tinnitus?  | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 7. Because of your tinnitus, do you have trouble falling asleep at night?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 8. Do you feel as though you cannot escape your tinnitus?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 9. Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner or to the movies)? | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 10. Because of your tinnitus, do you feel frustrated?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 11. Because of your tinnitus, do you feel that you have a terrible disease?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 12. Does your tinnitus make it difficult for you to enjoy life?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 13. Does your tinnitus interfere with your job or household responsibilities?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 14. Because of your tinnitus, do you find that you are often irritable?   | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 15. Because of your tinnitus, is it difficult for you to read?  | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 16. Does your tinnitus make you upset?  | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?       | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |
| 18. Do you find it difficult to focus your attention away from your tinnitus and on other things?                                 | <input type="checkbox"/> Yes | <input type="checkbox"/> Sometimes | <input type="checkbox"/> No |

**For Office Use Only**

<i>Total Per Column</i>	<input style="width: 100%; height: 20px;" type="text"/>	<input style="width: 100%; height: 20px;" type="text"/>	<input style="width: 100%; height: 20px;" type="text"/>	
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<i>Total Score</i>	<input style="width: 100%; height: 20px;" type="text"/>	+	<input style="width: 100%; height: 20px;" type="text"/>	+
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## Patient Health Questionnaire (PHQ-9) *(Only complete if you have tinnitus or ringing in the ears.)*

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Over the last two weeks, how often have you been bothered by any of the following problems?  
(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself – or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3

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add columns

TOTAL:

10. If you check of any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all \_\_\_\_\_  
Somewhat difficult \_\_\_\_\_  
Very difficult \_\_\_\_\_  
Extremely difficult \_\_\_\_\_

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# Generalized Anxiety Disorder Assessment (GAD-7)

*(Only complete if you have tinnitus or ringing in the ears.)*

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Over the last two weeks, how often have you been bothered by any of the following problems?  
(use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid, as if something awful might happen	0	1	2	3

**For Office Use Only**

add columns

TOTAL:

8. If you checked off <i>any problems</i> , how <i>difficult</i> have these problems made it for you to do your work, take care of things at home or get along with other people?	Not difficult at all	_____
	Somewhat difficult	_____
	Very difficult	_____
	Extremely difficult	_____

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## Dizziness Handicap Inventory *(Only complete if you have dizziness.)*

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Instructions: The purpose of this scale is to identify difficulties that you may be experiencing because of your dizziness. Please check "Always," "No" or "Sometimes" to each question. Answer each question only as it pertains to your dizziness problem.

	<b>Questions</b>	<b>Always</b>	<b>Sometimes</b>	<b>No</b>
P1	Does looking up increase your problem?			
E2	Because of your problem, do you feel frustrated?			
F3	Because of your problem, do you restrict your travel for business or pleasure?			
P4	Does walking down the aisle of a supermarket increase your problem?			
F5	Because of your problem, do you have difficulty getting into or out of bed?			
F6	Does your problem significantly restrict your participation in social activities, such as going out to dinner, going to movies, dancing or going to parties?			
F7	Because of your problem, do you have difficulty reading?			
F8	Does performing more ambitious activities—like sports, dancing and household chores, such as sweeping or putting dishes away—increase your problem?			
E9	Because of your problem, are you afraid to leave your home without having someone accompany you?			
E10	Because of your problem, have you been embarrassed in front of others?			
P11	Do quick movements of your head increase your problem?			
F12	Because of your problem, do you avoid heights?			
P13	Does turning over in bed increase your problem?			
F14	Because of your problem, is it difficult for you to do strenuous housework or yard work?			
E15	Because of your problem, are you afraid people may think that you are intoxicated?			
F16	Because of your problem, is it difficult for you to go for a walk by yourself?			
P17	Does walking down a sidewalk increase your problem?			
E18	Because of your problem, is it difficult for you to concentrate?			
F19	Because of your problem, is it difficult for you to walk around the house in the dark?			
E20	Because of your problem, do you feel handicapped?			
E21	Because of your problem, are you afraid to stay home alone?			
E22	Has your problem placed stress on your relationship with members of your family or friends?			
E23	Because of your problem, are you depressed?			
F24	Does your problem interfere with your job or household responsibilities?			
P25	Does bending over increase your problem?			

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